

**THE QUALITY AND SAFETY OF HEALTHCARE IN THE FUTURE**

**Zamil Ali Ayidh Alasmari, Khalid Mousa Alzhrani, Saleh Abdullah Aldukhail, Saleh Ahmed Alghamdi, Omar Ahmed Alghamdi, Naif Mohammad Bawahab, Talal Saleh Almatrafi, Awwad Audah Alsakhri, Sami Ateeq Almehmadi, Waleed Ayed Alqurashi, Salman About Bagrain, Ali Saeed Alaskar, Khozaim Faleh Alasmari, Saeed Hassan Saeed Alasmari, Badr Ali Alasmari, Saleh Mushabab Ayed Al Hamama**

*Corresponding Author: Zamil Ali Ayidh Alasmari*

*Ministry of Health, Saudi Arabia*

**Introduction**

A Health Care Organization (HCO) is inherently a complicated entity due to the intangible nature of its services and the diversity of its professional staff. Quality management in healthcare is an essential necessity within the health sector. Principles of quality have consistently existed in healthcare. Nonetheless, quality is not a tangible attribute of a service. The terminology "Health Care Service" instead of "Medical Care" delineates the domain and establishes it as a subject for evaluation, oversight, and enhancement. A high-quality healthcare system is "accessible, appropriate, available, affordable, effective, efficient, integrated, safe, and centered on the patient." Professionals in allied health services, dentistry, midwifery, obstetrics, medicine, nursing, optometry, pharmacy, psychology, and other healthcare disciplines deliver health care. Quality management in healthcare is an expansive notion. It was previously seen as instructing healthcare staff on their actions. Nonetheless, its present connotation is to oversee the care process. It pertains to perceiving organizational functions as a disordered array of procedures and processes that can be tackled both separately and collectively. Although numerous models have been suggested, Donabedian's triad of structure, method, and outcome continues to underpin contemporary quality evaluation.

Quality management has become increasingly imperative due to the revised definition of quality, which encompasses patient happiness as a service result. The caliber of services offered to patients is paramount. The conventional perspective on quality control emphasized fault detection, but the contemporary approach prioritizes defect prevention, ongoing process enhancement, and an outcome-oriented system informed by patient demands. Consequently, an immediate necessity exists to implement a paradigm shift in the quality of health care delivery. The authorities must proactively engage in quality assurance. At now, quality is receiving greater attention in the medical sector compared to associated sectors such as dentistry and nursing, particularly in developing nations.

**Keywords:** Future, Healthcare, Quality, Safety

**Definitions of healthcare quality**

Quality healthcare is characterized by numerous formal definitions. Medical quality is defined in three prevalent ways: the degree to which healthcare services enhance desired health outcomes for individuals and patient populations. To achieve this, healthcare must be patient-centered, secure, effective, prompt, efficient, and equitable (Hanefeld et al., 2017).

The degree to which healthcare services enhance the probability of achieving targeted health outcomes and align with professional expertise (Institute of Medicine, 2001).

Current information indicates that the extent of treatment delivered enhances the patient's likelihood of achieving favorable outcomes while reducing the probability of adverse effects (Busse et al., 2019).

All definitions underscore the connection between individual and population health, the significance of advancing scientific knowledge and technological expertise, the aspiration to enhance outcomes, and the value of the patient-provider relationship and collaborative decision-making.

### **IS and improvement science**

Professionals, leaders, and decision-makers globally are grappling with the integration of swiftly evolving scientific knowledge, promoting the utilization of high-value clinical procedures, technologies, and organizational models, while also seeking to eliminate the use of practices that lack value or relevance (Bauer and Kirchner, 2020; Leppin et al., 2019). All of these projects seek to deliver optimal healthcare to individuals and communities alike. This developing field of study aimed at enhancing healthcare practices is referred to as improvement science, dissemination and implementation research, information transfer, and knowledge translation (KT) (Check et al., 2020; Granger, 2018).

Historically, initiatives aimed at enhancing patient safety and care quality have predominantly concentrated on detecting and addressing errors, refining particular dimensions of care quality (e.g., medication reconciliation), and diminishing unwarranted discrepancies in patient outcomes (e.g., diabetes management) (MacKay et al., 2020). Consequently, improvement science has emphasized measurement, feedback to decision-makers, and organizational change to tackle a distinctly defined clinical issue or quality deficiency. Local initiatives to enhance quality are prevalent, however their efficacy is often unexamined. Moreover, they could not be disseminated, and adherence to the Standards for Quality Improvement Reporting Excellence (SQIRE) guidelines was not consistently maintained (Goodman et al., 2016).

Implementation Science offers theoretical frameworks and methodologies for: (a) identifying obstacles and enablers to implementation; (b) comprehending factors that affect professional and organizational conduct; and (c) choosing strategies to enhance implementation efficacy. Eccles and Mittman (2006) characterize implementation science (IS) as "the scientific study of methods to promote the systematic uptake of research findings and other evidence-based practices into routine care delivery" (Bauer et al., 2015; Lasinski et al., 2021; Rapport et al., 2018). Knowledge Transfer is an essential element of Information Systems. Grimshaw et al. (2012) characterize this as "ensuring that stakeholders are cognizant of and utilize research findings to guide their health and healthcare decision-making" (Grimshaw et al., 2012). This definition acknowledges various stakeholders or target audiences, including policymakers, professionals (such as clinical practitioners), consumers (such as patients and unpaid caregivers), and researchers. KT underscores strategies for knowledge synthesis, awareness enhancement, and information dissemination tailored for busy practitioners, including toolkits and clinical decision support (CDS), alongside approaches for modifying practitioner behavior, such as academic detailing and communities of practice.

It is evident that enhancing clinician access to and utilization of research will be obstructed unless systemic and organizational hurdles are concurrently eliminated (Bowen et al., 2009; Ellen et al., 2014). Information Systems models and theories offer unique methodological frameworks for developing and evaluating a multi-level strategy for the acceptance, scaling, and sustainability of evidence-based practice change (Nilsen, 2015). Information Systems techniques are most effective for recognizing and addressing organizational and systemic facilitators and impediments (Moullin et al., 2020). IS additionally provides measurement science to evaluate implementation outcomes and patient-centered outcomes (Allen et al., 2020).

Information Systems often utilize theoretical frameworks to elucidate the factors contributing to the success or failure of implementations. Over 100 distinct IS models, frameworks, and theories have been presented, with various narrative reviews analyzing and contrasting them (Nilsen, 2015; Villalobos Dintrans et al., 2019). The predominant IS theory differentiates among organizational, systemic, and implementation issues. Implementation theories assist practitioners, teams, and organizations in evaluating barriers and facilitators, identifying stakeholders, and selecting implementation strategies and results (Moullin et al., 2020). Certain IS frameworks are particularly advantageous for specific implementation contexts, such as sustainability, whilst others facilitate integration and communication across disciplinary boundaries (Harrison and Shortell, 2020; Mitchell et al., 2010).

IS enhances and expands our conventional conceptual framework of outcomes research by detailing the connection between evidence-based therapies and enhanced outcomes across various patient populations and contexts, many of which are also subject to variable contextual factors. Proctor et al. classify outcomes measurement into three distinct groups. The implementation results include acceptability, adoption, feasibility, penetration or uptake, and sustainability; the service results encompass efficacy, safety, and effectiveness; and the client results involve satisfaction, quality of life, and mortality. Several recent assessments have aggregated the domains and quantitative measurement attributes of the instruments presently accessible for capturing implementation outcomes (Allen et al., 2020; Khadjesari et al., 2020; Lewis et al., 2015). Qualitative approaches are crucial in implementation research as enhancements in practice must be viable and acceptable within the inherently complicated and dynamic real-world conditions. Qualitative and mixed methods research approaches can completely analyze the dynamic implementation context, encompassing institutional structures, stakeholder interests and interactions, human-technology interactions, and social, political, economic, and legal conditions.

### **Information systems and technology**

Future KT policies underpinned by technology will be important in attaining enhanced quality and safety standards. Examples of such technologies include interactions among patients, physicians, and other healthcare workers, as well as electronic databases, emails, text messages, electronic prompts and reminders, and web-based training and dissemination. These approaches can be employed to exert force in either a pushing or pulling manner. Push methods utilize venues like social media to enhance awareness by distributing evidence to targeted groups of clinicians, patients, and policymakers. Pull strategies, such as webinars designed to enhance research literacy, seek to augment the demand for and utilization of evidence among the intended audience (Brown et al., 2020).

Technologies like telemedicine, mobile health, and clinical decision support systems exemplify innovations that can enhance quality and safety. During the COVID-19 pandemic, telemedicine was extensively utilized, especially in outpatient environments. It has the capacity to enhance patient-provider interaction and accessibility, especially in underserved and rural regions (Batsis et al., 2019). Patient portals, wearables, and other patient-oriented applications, along with mobile health technology, facilitate the dissemination of information to patients and informal caregivers, thereby enhancing adherence, promoting healthy behaviors, and fostering self-management (Llorens-Vernet and Miró, 2020; Lu et al., 2020). Chapman et al. (2020), Obro et al. (2020), Abbasgholizadeh Rahimi et al. (2017). Ultimately, CDS possesses the capacity to enhance the quality and safety of healthcare. A meta-analysis of controlled trials assessing the impact of Clinical Decision Support (CDS) on quality revealed that it enhances adherence to guidelines, diminishes ordering errors for diagnostic tests and medications, and promotes the cessation of harmful or ineffective care practices (Kwan et al., 2020).

### **Evidentiary sources for quality whole person care**

Active collaboration among interprofessional teams, quality improvement programs, and integrated implementation scientists is essential for pinpointing deficiencies in quality and safety, establishing crucial metrics and data for regular presentation to stakeholders, and facilitating the advancement of both quality improvement initiatives and implementation research. Figure 1 illustrates a potential framework of evidence-based data sources necessary for person-centered, evidence-based therapeutic decision-making. Exogenous evidence is derived from published studies, evidence-based recommendations, benchmarking with other healthcare systems, and patient registries. Endogenous evidence is obtainable via population data within the health system, organizational quality monitoring systems, targeted implementation and practice enhancement programs, and public health statistics. Patient electronic health records and quality indicators regularly communicated to designated physicians and teams offer contextual information. The implementation of this framework can enhance quality and safety initiatives while directing improvement science endeavors across all organizational tiers.



**Figure 1.** Evidentiary sources for quality care.

### **New and emerging approaches to improving quality and safety**

In the past decade, healthcare executives have implemented high reliability organization (HRO) concepts to minimize practice variability and eradicate safety risks (Cochrane et al., 2017). The

ideas of High Reliability Organizations (HRO) have been shaped by the nuclear and aviation sectors. In the realm of error and injury prevention, several sectors, notably healthcare, depend on human intervention rather than technological solutions. They may also exhibit unpredictability and dynamism. HRO principles stress the identification and rectification of issues and operational failures, the recognition and prevention of errors and near-misses, and the enhancement of situational awareness among all personnel engaged in processes with potential harm. High-Reliability Organization (HRO)-oriented health systems underscore the necessity of comprehending the interrelations among system components to avert errors, while prioritizing frontline personnel as authorities in decision-making and problem-solving (Davenport et al., 2018). There is increasing evidence that frontline healthcare professionals comprehend both macro and microsystem concerns. Consequently, they are adept at managing minor operational challenges, thereby minimizing errors and near-misses in clinical practice environments (Stevens et al., 2017).

Future empirical research must measure and assess ways for engaging a varied array of stakeholders across all tiers of the healthcare system (Wensing and Grol, 2019). Front-line staff often encounter time limitations. A possible answer is to augment the number of researchers integrated into health systems (Cheetham et al., 2018; Gould et al., 2020; Robinson et al., 2017). Nurse researchers are ideally suited to fulfill this function owing to their proficiency in clinical care delivery and understanding of improvement science (Carter et al., 2020). A notable benefit of integrating nurse researchers is their enhanced capacity to cultivate relationships and establish partnerships with all stakeholders, which are essential for effectively leading quality improvement and implementation activities (Vindrola-Padros et al., 2017).

### **Capacity building**

In the past twenty years, substantial advancements have been made in the scientific infrastructure for healthcare improvement research (Davis and D'Lima, 2020). Substantial financial support has been allocated by prominent sponsors, including the National Institutes of Health in the United States and the United Kingdom. Numerous annual scientific conferences on health enhancement and implementation science are hosted by the Society for Implementation Research Collaboration, with specific journals in this domain, including *BMJ Quality and Safety* and *Implementation Science (SIRC)*. Global reporting standards for implementation studies (StaRI) have been created (Pinnock et al., 2017). Additionally, there exist other options for IS and quality improvement training, including those provided by the NIH (Boehm et al., 2020). These tools can aid nurse researchers in directing translational research teams focused on applying the best available evidence and enhancing the standard of care.

### **Conclusion**

To enhance the application of novel research discoveries, bridge disparities in care quality and safety, and elevate health outcomes, it is imperative to augment the integration of Quality Improvement (QI) initiatives with Information Systems (IS) methodologies (theories, methods, and results). Thus far, many efforts in Quality Improvement have been fragmented, failing to properly leverage Information Systems theory and methodologies. Quality Improvement programs are adept in identifying deficiencies in quality and safety, as well as generating concepts for implementation studies. Moreover, IS offers instruments for delineating the immediate and remote effects of practice change on various outcomes, emphasizing success factors (facilitators or enablers) for the implementation and sustainability of practice change. Quality Improvement (QI) and Improvement Science (IS) are synergistic approaches for the ongoing enhancement of quality

and safety in healthcare environments. Collectively, they enhance intention, effort, and effective execution to offer astute counsel to the field of improvement science.

## References

- Abbasgholizadeh Rahimi S, Menear M, Robitaille H, et al. (2017) Are mobile health applications useful for supporting shared decision making in diagnostic and treatment decisions? *Global Health Action* 10: 1332259. Crossref. PubMed.
- Allen P, Pilar M, Walsh-Bailey C, et al. (2020) Quantitative measures of health policy implementation determinants and outcomes: a systematic review. *Implementation Science* 15: 47. Crossref. PubMed.
- Batsis JA, DiMilia PR, Seo LM, et al. (2019) Effectiveness of ambulatory telemedicine care in older adults: a systematic review. *Journal of the American Geriatrics Society* 67: 1737–1749. Crossref. PubMed.
- Bauer MS, Damschroder L, Hagedorn H, et al. (2015) An introduction to implementation science for the non-specialist. *BMC Psychology* 3: 32. Crossref. PubMed.
- Bauer MS, Kirchner J (2020) Implementation science: what is it and why should I care? *Psychiatry Research* 283: 112376. Crossref. PubMed.
- Birken SA, Haines ER, Hwang S, et al. (2020) Advancing understanding and identifying strategies for sustaining evidence-based practices: a review of reviews. *Implementation Science* 15: 88. Crossref. PubMed.
- Boehm LM, Stollendorf DP, Jeffery AD. (2020) Implementation science training and resources for nurses and nurse scientists. *Journal of Nursing Scholarship: An official publication of Sigma Theta Tau International Honor Society of Nursing* 52: 47–54. Crossref. PubMed.
- Bowen S, Erickson T, Martens PJ, et al. (2009) More than “using research”: the real challenges in promoting evidence-informed decision-making. *Healthcare Policy* 4: 87–102.
- Brown A, Barnes C, Byaruhanga J, et al. (2020) Effectiveness of technology-enabled knowledge translation strategies in improving the use of research in public health: systematic review. *Journal of Medical Internet Research* 22: e17274. Crossref. PubMed.
- Busse R, Klazinga N, Panteli D, et al. (2019) *Improving Healthcare Quality in Europe: Characteristics, Effectiveness and Implementation of Different Strategies*, Copenhagen: European Observatory on Health Systems and Policies.
- Carter EJ, Hessels A, Cato K, et al. (2020) Evaluation of the joint nurse scientist role across academia and practice. *Nursing Outlook* 68: 261–269. Crossref. PubMed.
- Chapman E, Haby MM, Toma TS, et al. (2020) Knowledge translation strategies for dissemination with a focus on healthcare recipients: an overview of systematic reviews. *Implementation Science* 15: 14. Crossref. PubMed.
- Check DK, Zullig LL, Davis MM, et al. (2020) Improvement science and implementation science in cancer care: identifying areas of synergy and opportunities for further integration. *Journal of General Internal Medicine*. DOI: 10.1007/s11606-020-06138-w. Epub ahead of print 31 Aug 2020. PMID: 32869193.
- Cheetham M, Wiseman A, Khazaeli B, et al. (2018) Embedded research: a promising way to create evidence-informed impact in public health? *Journal of Public Health (Oxford)* 40: i64–i70. Crossref. PubMed.
- Cochrane BS, Hagens MJr, Picciano G, et al. (2017) High reliability in healthcare: creating the culture and mindset for patient safety. *Healthcare Management Forum* 30: 61–68. Crossref. PubMed.

- Davenport PB, Carter KF, Echternach JM, et al. (2018) Integrating high-reliability principles to transform access and throughput by creating a centralized operations center. *The Journal of Nursing Administration* 48: 93–99. Crossref. PubMed.
- Davis R, D’Lima D (2020) Building capacity in dissemination and implementation science: a systematic review of the academic literature on teaching and training initiatives. *Implementation Science* 15: 97. Crossref. PubMed.
- Eccles MP, Mittman BS. (2006) Welcome to implementation science. *Implementation Science* 1: 1. Crossref.
- Ellen ME, Léon G, Bouchard G, et al. (2014) Barriers, facilitators and views about next steps to implementing supports for evidence-informed decision-making in health systems: a qualitative study. *Implementation Science* 9: 179. Crossref. PubMed.
- Goodman D, Ogrinc G, Davies L, et al. (2016) Explanation and elaboration of the SQUIRE (Standards for Quality Improvement Reporting Excellence) guidelines, V.2.0: examples of SQUIRE elements in the healthcare improvement literature. *BMJ Quality & Safety* 25: e7. Crossref. PubMed.
- Gould MK, Sharp AL, Nguyen HQ, et al. (2020) Embedded research in the learning healthcare system: ongoing challenges and recommendations for researchers, clinicians, and health system leaders. *Journal of General Internal Medicine* 35: 3675–3680. Crossref. PubMed.
- Granger BB (2018) Science of improvement versus science of implementation: integrating both into clinical inquiry. *AACN Advanced Critical Care* 29: 208–212. Crossref. PubMed.
- Grimshaw JM, Eccles MP, Lavis JN, et al. (2012) Knowledge translation of research findings. *Implementation Science* 7(50): 2. PubMed.
- Hamilton AB, Finley EP. (2019) Qualitative methods in implementation research: an introduction. *Psychiatry Research* 280: 112516. Crossref. PubMed.
- Hanefeld J, Powell-Jackson T, Balabanova D (2017) Understanding and measuring quality of care: dealing with complexity. *Bulletin of the World Health Organization* 95: 368–374. Crossref. PubMed.
- Harrison MI and Shortell SM. (2020) Multi-level analysis of the learning health system: integrating contributions from research on organizations and implementation. *Learning Health Systems* e10226.
- Institute of Medicine (2001) *Crossing the Quality Chasm: A New Health System for the 21st Century*, Washington, DC: National Academies Press.
- Khadjesari Z, Boufkhed S, Vitoratou S, et al. (2020) Implementation outcome instruments for use in physical healthcare settings: a systematic review. *Implementation Science* 15: 66. Crossref. PubMed.
- Kwan JL, Lo L, Ferguson J, et al. (2020) Computerised clinical decision support systems and absolute improvements in care: meta-analysis of controlled clinical trials. *BMJ (Clinical Research ed.)* 370: m3216. PubMed.
- Lasinski AM, Ladha P, Ho VP. (2021) Provision of Defect-free care: implementation science in surgical patient safety. *Surgical Clinics of North America* 101: 81–95. Crossref. PubMed.
- Leppin AL, Mahoney JE, Stevens KR, et al. (2019) Situating dissemination and implementation sciences within and across the translational research spectrum. *Journal of Clinical Translational Science* 4: 152–158. Crossref. PubMed.
- Lewis CC, Fischer S, Weiner BJ, et al. (2015) Outcomes for implementation science: an enhanced systematic review of instruments using evidence-based rating criteria. *Implementation Science* 10: 155. Crossref. PubMed.

- Llorens-Vernet P, Miró J (2020) Standards for mobile health-related apps: systematic review and development of a guide. *JMIR Mhealth Uhealth* 8: e13057. Crossref. PubMed.
- Lu L, Zhang J, Xie Y, et al. (2020) Wearable health devices in health care: narrative systematic review. *JMIR Mhealth Uhealth* 8: e18907. Crossref. PubMed.
- MacKay D, Kirkham R, Freeman N, et al. (2020) Improving systems of care during and after a pregnancy complicated by hyperglycaemia: a protocol for a complex health systems intervention. *BMC Health Services Research* 20: 814–x. Crossref. PubMed.
- Mitchell SA, Fisher CA, Hastings CE, et al. (2010) A thematic analysis of theoretical models for translational science in nursing: mapping the field. *Nursing Outlook* 58: 287–300. Crossref. PubMed.
- Moullin JC, Dickson KS, Stadnick NA, et al. (2020) Ten recommendations for using implementation frameworks in research and practice. *Implementation Science Community* 1: 42. Crossref. PubMed.
- Nilsen P (2015) Making sense of implementation theories, models and frameworks. *Implementation Science* 10: 53. Crossref. PubMed.
- Obro LF, Heiselberg K, Krogh PG, et al. (2020) Combining mHealth and health-coaching for improving self-management in chronic care. A scoping review. *Patient Education and Counseling*. S0738-3991(20)30563-2. DOI: 10.1016/j.pec.2020.10.026. Epub ahead of print 21 Oct 2020. PMID: 33143907.
- Pinnock H, Barwick M, Carpenter CR, et al. (2017) Standards for reporting implementation studies (StaRI): explanation and elaboration document. *BMJ Open* 7: e013318. Crossref. PubMed.
- Proctor E, Silmere H, Raghavan R, et al. (2011) Outcomes for implementation research: conceptual distinctions, measurement challenges, and research agenda. *Administration in Policy and Mental Health* 38: 65–76. Crossref. PubMed.
- Rapport F, Clay-Williams R, Churrua K, et al. (2018) The struggle of translating science into action: foundational concepts of implementation science. *Journal of Evaluation in Clinical Practice* 24: 117–126. Crossref. PubMed.
- Robinson TE, Janssen A, Harnett P, et al. (2017) Embedding continuous quality improvement processes in multidisciplinary teams in cancer care: exploring the boundaries between quality and implementation science. *Australian Health Review* 41: 291–296. Crossref. PubMed.
- Russ CM, Stone S, Treseler J, et al. (2020) Quality improvement incorporating a feedback loop for accurate medication reconciliation. *Pediatrics*. Epub ahead of print November 2019. 146: e20192464. DOI: 20192410.20191542/peds.20192019-20192464.
- Stevens KR, Engh EP, Tubbs-Cooley H, et al. (2017) Operational failures detected by frontline acute care nurses. *Research in Nursing & Health* 40: 197–205. Crossref. PubMed.
- Villalobos Dintrans P, Bossert TJ, Sherry J, et al. (2019) A synthesis of implementation science frameworks and application to global health gaps. *Global Health Research Policy* 4: 25. Crossref. PubMed.
- Vindrola-Padros C, Pape T, Utley M, et al. (2017) The role of embedded research in quality improvement: a narrative review. *BMJ Quality & Safety* 26: 70–80. Crossref. PubMed.
- Wensing M, Grol R (2019) Knowledge translation in health: how implementation science could contribute more. *BMC Medicine* 17: 88. Crossref. PubMed.